

# Emergency Preparedness


## For Persons With Disabilities and Their Families

Will you know exactly what to do when an emergency happens? Please join us to learn more about steps to take in an emergency situation.

**Date: Thursday, March 30th**  
**9 am to 4 pm**  
(registration/coffee opens at 8 am)  
at  
**The Arc of Blair County**

**FREE TO THE PUBLIC** (Pre-registration is required)  
Registration Deadline: March 24  
814-946-1011  
[www.thearcblair.org/training](http://www.thearcblair.org/training)

**Training and Lunch  
Provided at No Cost**



**ARE YOU  
PREPARED?**

Experts have found even though we don't know when an emergency will happen it is better to be prepared.

Learn what to do when an emergency happens!

This unique day-long training will bring together people with disabilities, their families and/or caregivers to inform them what to do in an emergency situation. A discussion will take place through a table top exercise with first responders. A tabletop exercise is a prearranged disaster scenario centered around a group at a table that allows you to think of options in an ever evolving emergency situation.

We are hopeful that you will go away with the following:

- ◆ Learn what to do if you have to shelter in place.
- ◆ Learn what you need to do if an evacuation is enacted.
- ◆ Obtain knowledge that could potentially save your life and the lives of loved ones.
- ◆ Discover how to follow first responder's instructions and media alerts to protect yourself and your family.



First Responders from Blair County will be on hand to answer any questions you might have on what to do in an emergency. If you are a person with a disability, family member and/or caregiver you don't want to miss this important opportunity to learn from First Responders what to do.



A Partnership between local agencies, First Responders and Blair County  
Department of Emergency Services

**To register contact:** The Arc of Blair County (431 Jackson Ave, Altoona) at 814-946-1011 or via the internet [www.thearcblair.org](http://www.thearcblair.org). Go to the training page.  
Please list accommodations required or dietary restrictions when registering.

