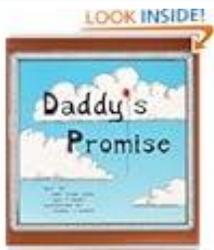


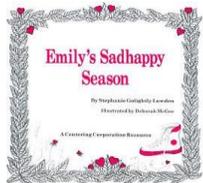
Loss: Parent

For Young Children (Ages 4-8)



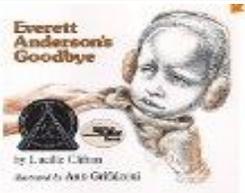
Daddy's Promise
John T. Heiney
(Ages 4-8), 32 pgs.

Daddy's Promise is about a little boy's journey of discovery after the death of his father. Jesse is angry and filled with questions. Why did his daddy have to die? What happens when someone dies? Where do they go? Jesse's questions are answered both by his mother, and in a series of dreams where Jesse visits his father and learns about life, death and life after death.



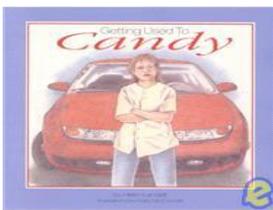
Emily's Sadhappy Season
S. Lowden-Golightly
(Ages 4-10)

This picture book, for children ages 5-10, is about a little girl whose father dies. The story is based on the writers own experiences when her father died when she was nine-years-old.



Everett Anderson's Goodbye
Lucille Clifton
(Ages 4-8), 32 pgs.

The death of Everett Anderson's father brings to a close this empathetic series of verse stories that express universal heartaches and small moments of hope.



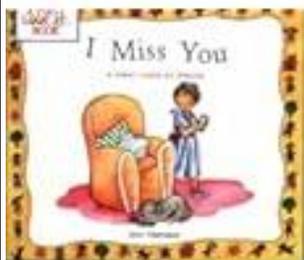
Getting Used to Candy
Helen Landalf
(Preschool), 16 pgs.

A young girl feels resentful when her father buys a new car and starts to date, even though her mother has been dead for more than a year.



I Heard Your Mommy Died
Mark Scrivani
(Ages 2-6)

Helps children cope with the death of a mother by examining the feelings they experience and the changes in their lives.



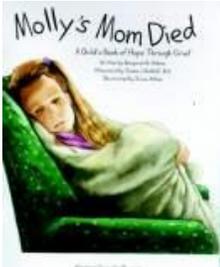
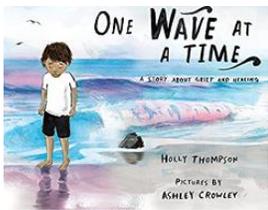
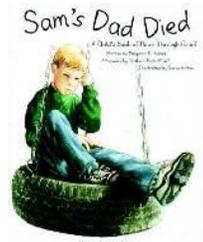
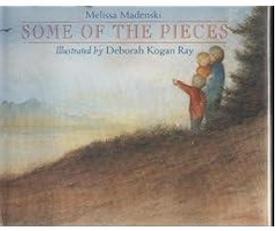
I Miss You: A First Look at Death
Pat Thomas
(Ages 4-8), 32 pgs.

When a close friend or family member dies, it can be difficult for children to express their feelings. This book helps boys and girls understand that death is a natural complement to life, and that grief and a sense of loss are normal feelings for them to have following a loved one's death. Titles in this sensitively presented series explore the dynamics of various relationships experienced by children of preschool through early school age. Kids are encouraged to understand personal feelings and social problems as a first step in dealing with them.



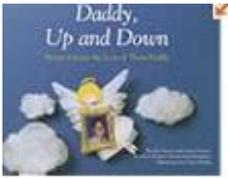
Kai's Journey: 3 Part Series- The Golden Sweater, The Girl with the Locket, The Fishless Lake
NYL Foundation
(Ages 4-12), 3 books

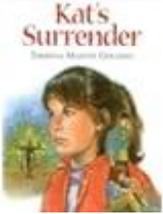
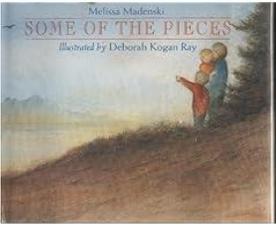
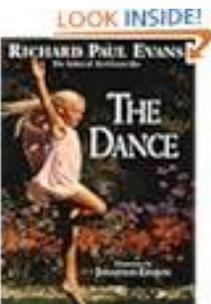
Kai's Journey is a film and book series that is dedicated to children and families who have experienced the death of a loved one. It's about a little boy named Kai who, together with his mom, learns how to navigate a profound loss in their family. The series strives to provide guidance and support as they embark on this lifelong journey of learning to better understand, process, and communicate their grief.

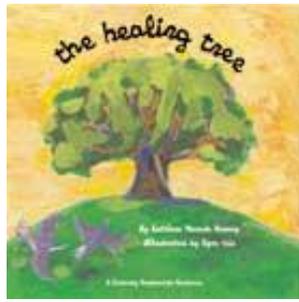
	<p>Molly's Mom Died Margaret M. Holmes (Ages 5-9), 12 pgs.</p>	<p>This is a child's book of hope through grief. Ages 5-9. After Molly's Mom dies she misses her a lot. It was hard to go back to school and talk to her friends. Molly finds that it's ok to have all these feelings after a parent dies. Includes a page of suggestions for caregivers.</p>
	<p>One Wave at a Time Holly Thompson (Ages 5-7), 32 pgs.</p>	<p>After his father dies, Kai experiences all kinds of emotions: sadness, anger, fear, guilt. Sometimes they crash and mix together. Other times, there are no emotions at all—just flatness. As Kai and his family adjust to life without Dad, the waves still roll in. But with the help of friends and one another, they learn to cope—and, eventually, heal.</p>
	<p>Sam's Dad Died Margaret M. Holmes (Ages 5-9), 12 pgs.</p>	<p>It made Sam feel better to talk about the death of his father. He felt better when he did. He even felt better when he would cry, even though it was embarrassing sometimes. Sam realizes that his Dad loved him a lot and gave him many good feelings to remember. This book opens communication between adult and child. Includes a page of suggestions for caregivers.</p>
	<p>Some of the Pieces Melissa Madenski (Ages 4-8, 9-12), 32 pgs.</p>	<p>Months after Dad's sudden death, a young boy reminisces about the family's happy times together as he goes with Mom and his little sister to scatter the last of Dad's ashes at a river; they have also put some in other places Dad loved--the ocean, their garden. In the carefully woven narrative, well-chosen specifics form a gentle picture of a family whose comforting memories are gradually transforming their sharp grief; in the end, the boy realizes that "There's a part of Dad in us, too."</p>
	<p>Sunflowers & Rainbows for Tia Alesia Alexander-Greene (Preschool), 24 pgs.</p>	<p>This first children's book tells how a young African American girl feels when her father dies and how she and her family express their sadness as well as their love for him.</p>

Loss: Parent

For Children (Ages 9-12)

	<p>Daddy, Up & Down Lila Stenson (Ages 9-12), 32 pgs.</p>	<p>Young sisters share their feelings following the death of their father in an effort to help others.</p>
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	<p>Danny's Dragon Janet Muirhead Hill (Ages 9-13+), 190 pgs. *Military Loss*</p>	<p>When a Montana rancher is called to serve his country—and doesn't come back—how will his family cope? See the answer through the eyes of 10-year-old Danny Branahan. Danny's father went to war in Iraq and was killed in action. Danny struggles with the various stages of grief as he remembers good times with his father. With his vivid imagination, he turns Dragon, the horse his father gave him, into a means of escaping the reality he cannot accept. To add to his grief, financial problems caused by his father's death force Danny, his mother, and sister to leave their Montana ranch</p>
	<p>Kai's Journey: 3 Part Series- The Golden Sweater, The Girl with the Locket, The Fishless Lake NYL Foundation (Ages 4-12), 3 books</p>	<p>Kai's Journey is a film and book series that is dedicated to children and families who have experienced the death of a loved one. It's about a little boy named Kai who, together with his mom, learns how to navigate a profound loss in their family. The series strives to provide guidance and support as they embark on this lifelong journey of learning to better understand, process, and communicate their grief.</p>
	<p>Kat's Surrender Theresa Martin Golding (Ages 9-13)</p>	<p>Kat, 13, whose mother died of cancer, has withdrawn from the world. As she tries to ignore her old friends, she makes a new one in the General, an elderly man who feeds pigeons and lives in a fantasy.</p>
	<p>Some of the Pieces Melissa Madenski (Ages 4-8, 9-12), 32 pgs.</p>	<p>Months after Dad's sudden death, a young boy reminisces about the family's happy times together as he goes with Mom and his little sister to scatter the last of Dad's ashes at a river; they have also put some in other places Dad loved--the ocean, their garden. In the carefully woven narrative, well-chosen specifics form a gentle picture of a family whose comforting memories are gradually transforming their sharp grief; in the end, the boy realizes that "There's a part of Dad in us, too."</p>
	<p>The Brightest Star Kathleen Maresh Hemery & Ron Boldt (Ages 9-12), 10 pgs.</p>	<p>Molly was scared when her mom was in the hospital and angry when her mother died. She didn't know what to draw when the teacher asked the class to draw a picture of their families. Molly discovers that love never dies and memories stay with you forever</p>
	<p>The Dance Richard Paul Evans (Ages 9-Adults), 32 pgs.</p>	<p>Throughout the years, the love of dancing fills a woman's life. Whether she is dressed as an ear of corn in her first school recital or a soloist in The Nutcracker, her father is always there watching her and smiling. Years later, as he is dying, he asks her to come and perform for him once more. As she dances, she tells him that she has always danced for him. He tells her that she must continue to dance and that he will always be watching and smiling. This is a solemn, nostalgic story that will appeal to an adult audience.</p>

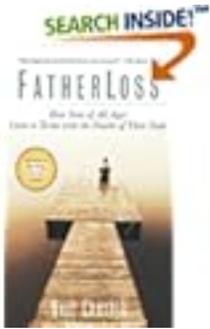


The Healing Tree
Kathleen Maresh
Hemery
(Ages 7-14)

A grandmother tells her young grand daughter a story about how memories of an old oak tree helped her to heal from the loss of her mother. "the tree is still a tree, even without that branch that held your swing. And someday, the tree will heal from the lightening. There will be a scar on the tree forever. But the tree will go on living....." "There are days when I feel like I'm in a cage with no way to get out. I feel trapped with all of my feelings and thoughts."

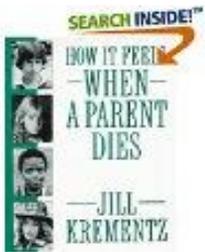
Loss: Parent

For Teens (Ages 13-18+)



Fatherloss
Neil Chethik
(Ages 13-18), 336 pgs.

FatherLoss features up-close-and-personal profiles of father-son relationships, drawing on the author's national survey of 300 men and interviews with 70 others. Grieving, Chethik says, is part of the unique relationship between sons and fathers; it is highly subjective and dependent on the son's age at the time of his father's death. Chethik also studies how celebrities like Michael Jordan and Ernest Hemingway handled their fathers' deaths. Although well written, this book reads like a series of stretched-out human-interest articles, and the author's advice is buried in long passages. All in all, FatherLoss is a noble book for acknowledging men's right to grieve, but it lacks clear how-to advice.



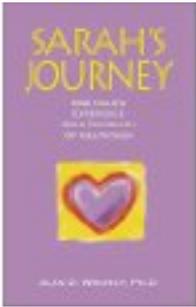
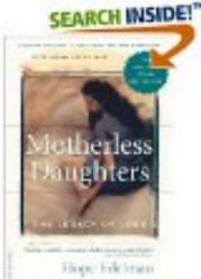
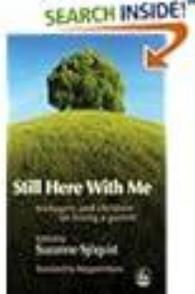
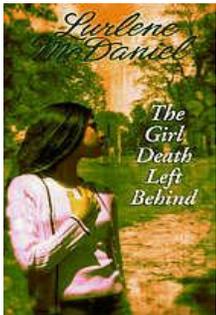
How It Feels When a Parent Dies
Jill Krementz
(Ages 7-18), 128 pgs.

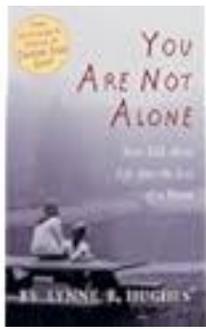
18 children from age 7 - 17, speak openly of their experiences and feelings. As they speak we see them in photos with their surviving parent and with other family members, in the midst of their everyday lives.



Just One Tear
K.L. Mahon
(Teens)

A thirteen-year-old boy's diary offers an honest, raw, and unvarnished look at the difficulties of adolescence, expressing his searing emotions after he sees his father shot and killed and is forced to endure the killer's trial.

	<p>Kiss Me Goodnight Mothers who were girls when their mother died (Ages 13-Adult)</p>	<p>Losing your mother when very young is a devastating experience. The authors featured in Kiss Me Goodnight recall the lost moments they shared with their mothers, exploring their feelings, longings, and how they have learned to cope with loss through their adult lives. Unlike other books on motherlessness, KMG reveals the experience through stories, poems, and essays giving an intimate and highly personal view of mother loss. These women are courageous. They write vivid and haunting descriptions of the cancer, suicide, alcoholism, accidents, Nazis, and other agents of death that killed their mothers. They also capture the sweet memories of their mothers -- the color and smell of their clothes, the taste of the food they prepared, the light on their faces, the texture of their hair, and the memory of their kisses.</p>
	<p>Sarah's Journey: A Child's Experience with the Death of Her Father Alan D. Wolfelt (Teens-Adults), 121 pgs.</p>	<p>Based on the belief that children mourn in their own unique ways and need love and support of the adults who care for them, this book describes the grief experience of Sarah, an eight-year-old whose father was killed in a car accident, and offers compassionate, practical counsel for adults who want to help grieving children. Covered are common concerns such as normal behaviors in grieving kids, helping children with funerals, grieving kids at school, "misbehavior" in the grieving child, and helping children heal. Within each chapter, Sarah's story is followed by a counselor's perspective that offers practical do's and don't's.</p>
	<p>Motherless Daughters Hope Edelman (Teens-Adults), 432 pgs.</p>	<p>The death of a mother--particularly during one's young years--is traumatic. The writer writes of her own experiences of losing her mother when she was 17, and the grief of hundreds of women she interviewed who lost their mothers through death, abandonment or another form of separation, never disappears. Though the focus is on early loss for girls and the implications for their developing identity, adult daughters also speak in these pages to provide another poignant perspective.</p>
	<p>Still Here With Me Suzanne Sjoqvist (Teens- Adults), 189 pgs.</p>	<p>Making sense of the loss of a close loved one is difficult especially for children suffering the loss whether or not expected of a parent. Kids grieve similarly regardless of method of death and that the key is to be supportive and provide a means of expression of their grief. Even children in rough circumstances recuperated and adapted with appropriate support.</p>
	<p>The Girl Death Left Behind Lurlene McDaniel (Teens), 192 pgs.</p>	<p>Fourteen-year-old Beth must face adult-sized dilemmas when a car accident claims the lives of her immediate family. Within a few hours, she faces a new family, new house, and a new school. Living with her spoiled cousin only adds to her despair. This story charts the efforts of Beth's caring Aunt Camille and Uncle Jack as they help her through the worst time of her life. Always on the brink of tears, Beth finds the strength of character to make new friends and touch the lives of those around her.</p>

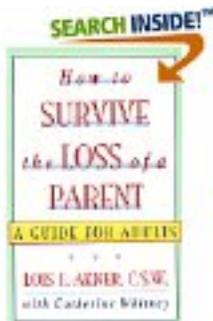


You Are Not Alone
Lynne B. Hughes
(Teens), 208 pgs.

Loss is one of the most isolating experiences there is, and kids who have lost a parent feel especially different than those around them. Comfort Zone Camp was founded as a safe place for grieving children, and now this very special healing experience can reach an even larger audience of children and the people who care for them. Through frank and accessible testimonials, Lynne Hughes and the kids of CZC share the most difficult parts of their losses and offer their own experiences of what helps, what doesn't, what "stinks," and ways to stay connected to their loved ones.

Loss: Parent

For Adults (Ages 18+)



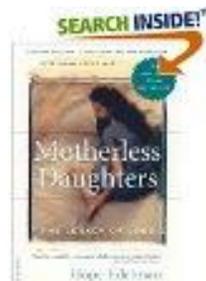
How to Survive the Loss of a Parent: A Guide for Adults
Lois F. Akner
(Adults), 240 pgs.

Written for adults who are mourning the loss of a parent, this book attempts to help survivors understand how the parental relationship influenced other aspects of their lives. Drawing from her work as a bereavement counselor, Akner depicts the experience of 12 mourners meeting for a six-week workshop. Each begins the workshop feeling he or she is having difficulty dealing with the loss. Working through a series of exercises and "homework" assignments designed to help them discuss, question, and understand the role that deceased played in their lives, many--though not all--begin to move on from the feelings that were keeping them stuck in their grief.



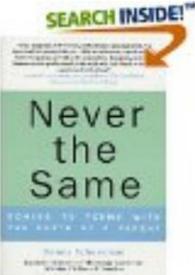
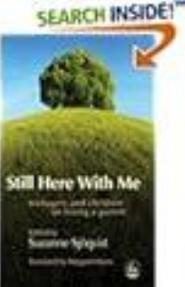
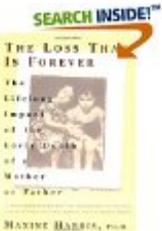
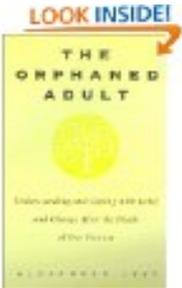
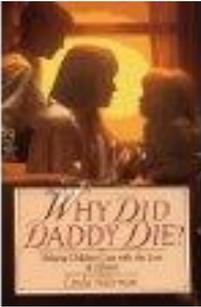
Kiss Me Goodnight
Mothers who were girls when their mother died
(Ages 13-Adult)

Losing your mother when very young is a devastating experience. The authors featured in Kiss Me Goodnight recall the lost moments they shared with their mothers, exploring their feelings, longings, and how they have learned to cope with loss through their adult lives. Unlike other books on motherlessness, KMG reveals the experience through stories, poems, and essays giving an intimate and highly personal view of mother loss. These women are courageous. They write vivid and haunting descriptions of the cancer, suicide, alcoholism, accidents, Nazis, and other agents of death that killed their mothers. They also capture the sweet memories of their mothers -- the color and smell of their clothes, the taste of the food they prepared, the light on their faces, the texture of their hair, and the memory of their kisses.



Motherless Daughters
Hope Edelman
(Teens-Adults), 432 pgs.

The death of a mother--particularly during one's young years--is traumatic. The writer writes of her own experiences of losing her mother when she was 17, and the grief of hundreds of women she interviewed who lost their mothers through death, abandonment or another form of separation, never disappears. Though the focus is on early loss for girls and the implications for their developing identity, adult daughters also speak in these pages to provide another poignant perspective.

	<p>Never the Same Donna Schuurman (Adults), 256 pgs.</p>	<p>Time does not heal all wounds, warns grief counselor Donna Schuurman in her brave and practical book about the challenges adults face in coming to terms with the loss of a parent before age 18. Her premise in <i>Never the Same</i> defies the common wisdom. "Forget the stages of grief. There is no magical moment when you can say, it's over." Using thoughtful self-assessments and examples, Schuurman persuades readers that grief must be reprocessed at every stage of life.</p>
	<p>Still Here With Me Suzanne Sjoqvist (Teens- Adults), 189 pgs.</p>	<p>Making sense of the loss of a close loved one is difficult especially for children suffering the loss whether or not expected of a parent. Kids grieve similarly regardless of method of death and that the key is to be supportive and provide a means of expression of their grief. Even children in rough circumstances recuperated and adapted with appropriate support.</p>
	<p>The Loss That Is Forever Maxine Harris (Young Adults-Adults), 368 pgs.</p>	<p>Who one becomes, how one loves, how one parents, and what one believes about the world are all shaped by the experience of a parent's early death. For anyone who has survived the early loss of a parent--as well as for those with a spouse, friend, or lover who has lost a parent in childhood--this moving and powerful book is an important guide to discovery and understanding.</p>
	<p>The Orphaned Adult: Understanding Coping with Grief and Change After the Death of Our Parents Alexander Levy (Adults)</p>	<p>Losing our parents when we ourselves are adults is in the natural order of things, a rite of passage into true adulthood. But whether we lose them suddenly or after a prolonged illness, and whether we were close to or estranged from them, this passage proves inevitably more difficult than we thought it would be.</p>
	<p>Why Did Daddy Die? Linda Alderman (Adults)</p>	<p>Alderman writes movingly about the grief of children who have lost a parent. She understands the process well: her first husband died of cancer, leaving her to help her two young children deal with their memories, pain and loss. Interested less in outlining a how-to manual than in providing the reassurance that comes from shared experience, Alderman includes an account of her own family's bereavement, which she accompanies with stories of families she met in grief support groups as well as with advice gleaned from her study of the literature on children and grief. Through well-chosen examples, she illustrates how children conceptualize death, learn to comfort one another and cope with the prospect of the surviving parent's dating and remarriage.</p>