# Loss: Other (Friend, Teacher, Divorce)

### For Young Children (Ages 4-8)

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#### Aarvy Aardvark Finds Hope

Donna O'Toole (All Ages), 71 pgs.

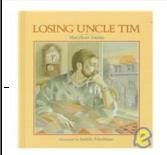
When Aarvy's family is taken away from him to go to a zoo, Aarvy begins to feel very sad and empty. Many friends come to see Aarvy and offer their advice, but it doesn't seem to help. One small rabbit visits Aarvy every day- even though Aarvy is very sad and angry most of the time. The rabbit helps Aarvy work through his grief process and shows "that a friend in need can be a friend indeed."



#### I Remember Miss Perry

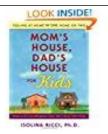
Pat Brisson (School Age), 30 pgs. \*Teacher loss\* Stevie feels very nervous about his first day at a new school, but his new teacher, Miss Perry, helps turn a bad day into a good day. Miss Perry's kindness and warmth touches everyone around her, especially her young students.

When Miss Perry dies in a car accident, the students have a lot of questions...and sadness. With the help of other teachers and school counselors, the children are able to remember some of their fondest memories with Miss Perry.



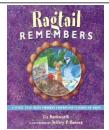
#### **Losing Uncle Tim**

Mary Kate Jordan (Ages 4-8), 32 pgs. \*Illness- AIDS\* Daniel tells about his friendship with his uncle and about how he learns that his uncle is dying from AIDS.



# Mom's House, Dad's House, House for Kids

Isolina Ricci (All Ages) \*Divorce\* Isolina Ricci's Mom's House, Dad's House has been the gold standard for inspiring and supporting divorcing and remarrying parents for more than twenty-five years. Alongside practical ways to cope with big changes she offers older children and their families key resiliency tools that kids can use now and the rest of their lives. Kids and families are encouraged to believe in themselves, to take heart, and to plan for their lives ahead.



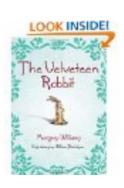
#### **Ragtail Remembers**

Liz Duckworth (Ages 4-8) \*Best Friend Loss\* A story that helps children understand feelings of grief. Ragtail, a young mouse, has just lost his best friend. As he tries to understand what has happened, Ragtail is swept away by confusing feelings of denial, anger, and sadness. With the help of a new friend, he learns to deal with his feelings and soon discovers the comfort that comes from remembering.



#### Stellaluna

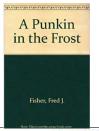
Janell Cannon (Ages 2-6), 48 pgs. \*Loss of identity\* Knocked from her mother's safe embrace by an attacking owl, Stellaluna lands headfirst in a bird's nest. This adorable baby fruit bat's world is literally turned upside down when she is adopted by the occupants of the nest and adapts to their peculiar bird habits. Mom returns and teaches her how to become a bat again. **NOT A GRIEF BOOK (MOM COMES BACK)** 



The Velveteen Rabbit Margery Williams (Pre-school), 96 pgs. The Rabbit in the stocking isn't as expensive as the other toys: he's covered in velveteen. On Christmas Day, the Boy enjoys his new toy but then quickly forgets and neglects him. Shunned and unsure, the Velveteen Rabbit questions his worth. Should he even be called a real toy? An answer comes from his friend, the Skin Horse: "Real isn't how you are made. . . . It's a thing that happens to you. When a child loves you for a long, long time, not just to play with, but REALLY loves you, then you become Real." The Velveteen Rabbit's journey through love and loneliness to become who he was really meant to be is a story that inspires us all on our own journey to Real.

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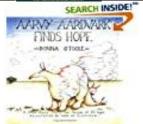
### For Children (Ages 9-12)



A Punkin in the Frost Fred J. Fisher

(Ages 9-12), 92 pgs.

Eddie Angler and Diane Rose were ten-year-olds who planned to grow up together and grow old together. Then Diane died in an accident, and Eddie was left to say goodbye to her. Eddie discovers an insight he wants to share with everybody who has suffered the loss of a loved one, an uplifting and triumphant message for the human spirit.



Aarvy Aardvark Finds Hope

Donna O'Toole (All Ages), 71 pgs.

When Aarvy's family is taken away from him to go to a zoo, Aarvy begins to feel very sad and empty. Many friends come to see Aarvy and offer their advice, but it doesn't seem to help. One small rabbit visits Aarvy every day- even though Aarvy is very sad and angry most of the time. The rabbit helps Aarvy work through his grief process and shows "that a friend in need can be a friend indeed."



Badgers Parting Gifts

Susan Varley (Ages 7-13), 23 pgs.

A wise old badger dies. His friends remember badger by doing some activities that he had enjoyed while he was alive. "Each of the animals had a special memory of Badger- something he had taught them that they could now do extremely well. He had given them each something to treasure: a parting gift that would become all the more special each time it was passed on to others."



I Don't Have an Uncle
Phil Anymore

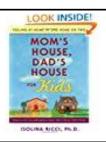
Marjorie While Pellegrino (Ages 9-12), 29 pgs. In this moving story for children of all ages, a young boy gets the news that his adored Uncle Phil has died unexpectedly. Told through the eyes of the child, the story describes many traditions and social rituals associated with death, and addresses a wide range of feelings and questions. As his mother attempts to explain death to the boy, he finds his own uplifting way to grieve for Uncle Phil.



I Remember Miss Perry

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### Mom's House, Dad's House, House for Kids Isolina Ricci (All Ages)

\*Divorce\*

Isolina Ricci's Mom's House, Dad's House has been the gold standard for inspiring and supporting divorcing and remarrying parents for more than twenty-five years. Alongside practical ways to cope with big changes she offers older children and their families key resiliency tools that kids can use now and the rest of their lives. Kids and families are encouraged to believe in themselves, to take heart, and to plan for their lives ahead.

# Loss: Other (Friend, Teacher, Divorce)

### For Teens (Ages 13-18+)



#### Mom's House, Dad's House, House for Kids Isolina Ricci

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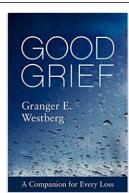


### When A Friend Dies Marilyn E. Gootman & Pamela Espeland (Teens), 118 pgs.

Quotes from well-known writers and philosophers give insight into the grieving process and healing. These statements allow readers to understand that they're not alone. Other topics covered include guilt, anger, confusion, fear, and numbness; the information offered reassures readers that these are all valid emotions. This edition also addresses loss through violence. Scattered throughout are pages with backgrounds that look like cork bulletin boards, which have suggestions or questions pinned to them. This compassionate, user-friendly book lists pages of resources and suggested reading, and should be made available to teens.

# Loss: Other (Friend, Teacher, Divorce)

### For Adults (Ages 18+)



#### **Good Grief**

Granger E. Westberg (Adults), 80 pgs.

Good Grief identifies ten stages of grief--shock, emotion, depression, physical distress, panic, guilt, anger, resistance, hope, and acceptance-but, recognizing that grief is complex and deeply personal, defines no "right" way to grieve. Good Grief offers valuable insights on the emotional and physical responses persons may experience during the natural process of grieving. Reflection questions help readers explore their own experience with each stage. Whether mourning the death of a loved one, the end of a marriage, the loss of a job, or other difficult life changes, Good Grief is a proven steady companion in times of loss.



# Mom's House, Dad's House, House for Kids

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Journal  Journal		An aide for the challenging emotional process that follows a divorce, this companion journal to Transcending Divorce explores the 10 crucial touchstones for finding hope and healing the mourning heart, including dispelling misconceptions about divorce, seeking reconciliation, and appreciating the transformation. Highlights from the companion book are provided throughout as well as corresponding questions regarding the grief journey. Private and independent, this compassionate journal provides ample space to unburden the heart and soul.	
The SILDERNESS of DIVORCE Finding Your Way	The Wilderness of Divorce Alan D. Wolfelt (Adults)	Addressing a significant loss in life, this guidebook enables those who have experienced a divorce to mourn sufficiently and begin to heal. Delving into the 10 essential touchstones of the healing process, this resource encourages the exploration of feelings of loss, identifying the specific needs of divorce transition, and understanding the divorced person's bill of rights. Compassionate and accessible, this outline will allow those in need to navigate through what can be overwhelming grief to a new beginning.	
The second of th	Timothy Duck Lynn Bennett-Blackburn (Preschool- School Age), 24 pgs *Best Friend Loss*	t-Blackburn feelings he has after his favorite boy gets ill and dies. He discovers the importance of saying goodbye. He also discovers that even though he will miss his friend and remember him life at the pond goes on	
Temperating Dismese History Annual Market	Transcending Divorce Alan D. Wolfelt (Adults)	With empathy and wisdom, this resource provides 10 essential touchstones for hope and healing when enduring a divorce while simultaneously dispelling common misconceptions associated with divorce. Stressing the importance of the need to fully mourn the loss of a relationship before moving on, this compassionate guide—written with a warm, direct tone—will help divorcees reconcile and discover a happy, healthy life. An appendix with useful meeting plans for group sessions is also included.	